



Victory Defense Consulting  
2815 E. Main St.  
Canyon City, CO. 81212  
(719) 276-0341

## Self Defense Awareness Class

Basic User Course

March 20<sup>th</sup>, 2010 – Foremost Response, Inc. HQ - Grand Junction, CO

### TRAINING OBJECTIVES:

Provide and increase student understanding and awareness of their surroundings, and to afford them the opportunity to properly defend themselves, if confronted with an attacker.

### DESCRIPTION:

This class covers the basics of many different self defense tactics, proven in the civilian and law enforcement communities to ward off attackers. It is a basic user course that anyone, no matter age, size, or ability you currently have can turn these techniques into an effective avenue of escape.

### REQUIRED GEAR:

Loose fitted clothing, preferably sweat pants, tennis shoes and t-shirt or sweat shirts that you don't mind having pulled on or grabbed.

### OPTIONAL GEAR:

None.

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COSTS:  
\$50.00

\* Please review Deposit  
and Cancellation Policy

ADVANCE PAYMENT TO:  
Victory Defense Consulting  
2815 E. Main St.  
Canon City, CO 81212

START TIME:  
8:30 AM

Questions or Comments:  
E-Mail: [Training@victorydefense.com](mailto:Training@victorydefense.com)  
Store Phone: (719) 276-0341  
Grand Junction, CO. 81504

LOCATION:  
Foremost Response, Inc. HQ  
3070 I-70B Bldg. B#4

Please enroll online at: [www.victorydefense.com](http://www.victorydefense.com)

- *Victory Thru Superior Training* -